

**Hill of Beath Breaktime Improvement Team**  
**HOBBITS**  
**Policy and Guidance**  
**2012**

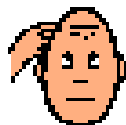


This Guidance was written by The Hill of Beath Playground Improvement Team, Primary 7 Pupils, Pupil Support Assistants and the Teachers of Hill of Beath Primary School. 2012

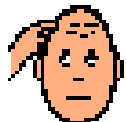
# Introduction

This guidance was written by the pupils to help with the difficult situations you may face as a HOBBIT. They have broken it down into areas of difficulty, written how this may present in the playground and advised on how to deal with it.

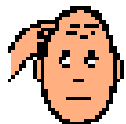
## Contents



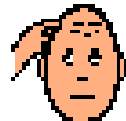
"Back chat" and a lack of respect towards you as a HOBBIT



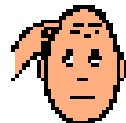
Swearing



Arguments and "stirring"



Invading personal space and "ganging" up on people



People being nasty





# Backchat and Lack of Respect for the HOBBITS



## What happens...

Being a HOBBIT can be hard work. Sometimes when you are dealing with a difficult situation people may be cheeky and disrespectful. This may be difficult to deal with.



The toilets can be difficult to monitor.



It is easy to make a mistake when you are trying to work out what has happened. This can cause problems.



When you are trying to solve a problem people may be rude or cheeky.



Someone may refuse to take a time out.



People may run away when you are trying to deal with a situation.



Someone may threaten violence towards you.



## Solutions...

It is important to try to stay calm. If you feel safe to do this try these steps.



Try using a chart to keep a record of how often people go to the toilet. If there is a problem an adult can let their teacher or parent know.



Try to stay calm and ignore negative behaviour.



Tell them you will wait until they have calmed down.



Tell them you will know they are ready to talk when they are calm and quiet.



Remind them of your job as a HOBBIT



Try getting a HOBBIT buddy to help deal with it.



Get an adult if you need to.









If you are threatend in any way get an adult straight away.

# Swearing

## What happens?






When people swear it is unpleasant for everybody. It can happen because of several factors and can cause further problems.

-  People may do it because they are angry.
-  It may cause others to be angry.
-  People may do it when they are frustrated.
-  It may happen during a disagreement.
-  It may cause a disagreement.
-  It may be used to insult someone.



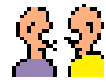
## Solutions...

It is important to try to stay calm. Try these steps or get an adult if you need to.

-  Try to be calm, speak nicely and don't accuse anyone.
-  Try to speak to them at eye level.
-  If you get wound up count to 10 or walk away.
-  Ask them to take time out in the playground if they need it.
-  Do not touch them.

Swearing should be reported to an adult.











## Arguments and Stirring



### What happens?








Arguments can happen between two or more people when they disagree and are not prepared to compromise. This can lead to further problems such as fighting.

-  People may do it because they are angry.
-  It may cause others to be angry.
-  People may argue when they feel they are being blamed for something.
-  It may happen because of something silly.
-  It may happen if someone has been stirring and manipulating others.
-  It may happen if someone has been telling lies.



### Solutions...

It is important to try to stay calm. If you feel safe to do this try these steps.

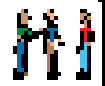
-  Try to be calm, speak nicely and don't accuse anyone.
-  Try to speak to them at eye level.
-  Do not touch them.
-  Try to help them think whether this a "Big Deal" or a "Little Deal"?
-  Check how both sides are feeling.
-  Ask them to take a time out in the playgroud if they need it.
-  Prompt both sides to say "Sorry".



If an argument becomes violent get an adult.



# Invading Personal Space and Ganging up on People



## What happens?

Sometimes when people are excited they can invade others' personal space. This can make people feel uncomfortable. In more serious situations sometimes a group of people may gang up on someone making them feel intimidated.



It may happen during football or any group game.



It can happen if people have fallen out.



It can happen as a result of gossiping.



It may happen if someone has held a grudge and wants revenge.



It may happen if there have been problems outside of school and people bring them into school.



When it happens someone may cry or even run out of school.



## Solutions...

It is important to try to stay calm. If you feel safe to do this try these steps.



Try to be calm, speak nicely and don't accuse anyone.



Do not touch them.



Try to speak to them at eye level.



Try to calm both parties.



Try to get both parties to separate.



Reassure the victim they are safe.



Ask them to take time out in the playground if they need it.



Get an adult if you need to.



Ganging up on people or anyone running out of school should always be reported to an adult.



## Being Nasty



### What happens?

Unfortunatley in the playground people are nasty sometimes making others upset or even scared.This can happen in many ways...



People picking on others.



People who laugh at others.



Some people tease others.



Some people choose to leave others out.



Name calling



Racism and Bullying (Bullying is when these nasty behaviours are carried out repetatively or over a period of time).



### Solutions...

It is important to try to stay calm. Try these steps. If you are worried this situation is too serious get an adult.



Try to stay calm and speak quietly and nicely.



Speak to the victim "Is it a big deal or a little deal?"



Get them to take time out if they need to before apologising.



Remind them of the choices they can make.



With any use of racism you must tell an adult.



If someone reports bullying you must tell an adult.



If you think someone could be being bullied you must tell an adult.



If you are threatend in any way get an adult straight away.