



Share your story for our campaign!

Hello!

Our names are Gift, Maria and Shilla.

We work for a charity called Together (Scottish Alliance for Children's Rights).

Together works to make sure that babies', children and young people's human rights are protected. We want every child in Scotland to be happy, healthy and safe.

Click here to find out more about your rights.



What is this leaflet about?

We're working on a campaign called #RightsOnTrack - and we'd love your help!

The campaign is all about making sure children and young people's rights are respected. That includes listening to what you have to say, and making sure adults in power do what they're supposed to.

We want to hear from you about **what's really going on** for babies, children and young people across Scotland. Your stories will help us check if things are **on track** and what more is needed!

Click here to find out more about the campaign!



How can you help?

If you have something you'd like to share about your rights — something that's going well or not so well — we would love to hear your story.

You don't have to give your name if you don't want to, and you can change your mind about taking part at any time.



What have children already told us?

Last year, we heard from over 200 babies, children and young people about what life is like for them. They told us about lots of things, like:







Climate change



Mental health



Right to food



We wrote a big report with what they told us, called our **State of Children's Rights Report.** This includes lots of recommendations from children about how to make things better.

Click here to find out more about the report!

We want to check if the adults in charge are doing what children and young people asked and if they are fully respecting your rights. Are adults keeping your **#RightsOnTrack?** Your stories will help us find out!

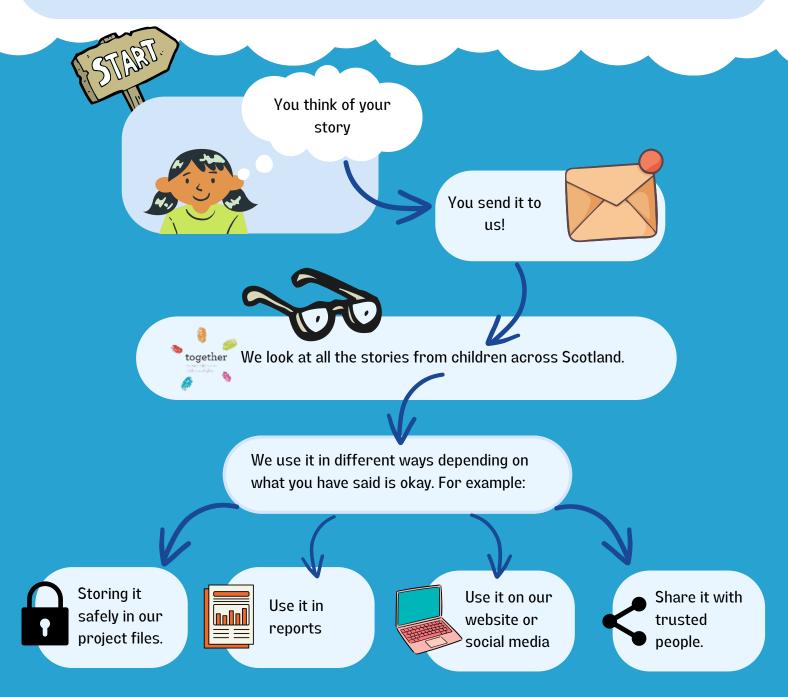
What might happen to your story?

You (and your adult helper, if needed) can choose what happens to the information you give us. We will only use your story in ways that you've said are okay.

Some of the things we could do include:

- Storing your story safely in our project records.
- Sharing it with trusted people who help with children's rights.
- · Publishing it in reports, on our website and on social media.

You don't have to agree to everything — you can let us know which of these things you are happy with (or none!). If you're happy for your story to be shared then you can choose a made-up name to protect your privacy or choose to use no name ('anonymous').



Giving your consent

Consent is about letting us know what is okay and what you agree to. An adult you trust (like a youth worker, parent or carer) will help you to think about this.

That adult will check what you're okay with and let us know.

Questions?

If you want to know more, or if something doesn't feel right, you can:

- · Speak to an adult you trust.
- Or email us at **myrights@togetherscotland.org.uk** and we'll do our best to help.



Thank you!