



# Anne Wilson Head of Development

[#childreninhospital](#)

[#childrenshealth](#)

# Children's Health Scotland

Only charity in Scotland dedicated to informing, promoting and campaigning on behalf of the needs of ALL children and young people within our healthcare system. We make sure children and young people get the healthcare and treatment they need.

We achieve this in partnership with parents, carers and professionals through direct support and advice, influencing policy, and campaigning for service improvement.

[www.childrenshealthscotland.org](http://www.childrenshealthscotland.org)

# A right to the best possible health (Article 24)

- Article 24 of the United Nations Convention on the Rights of the Child (UNCRC) states that a child has ‘the right to the highest attainable standard of health and to facilities for the treatment of illness and rehabilitation of health, and that no child is deprived of their right to access such health care services’.
- <https://www.unicef.org.uk/what-we-do/un-convention-child-rights/>

**Our vision** : Is for every child and young person in Scotland to realise their right to best quality healthcare

# European Association of Children in Hospital

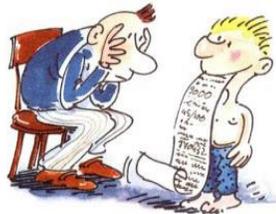
is an international umbrella organisation open to European non-governmental, non-profit associations involved in the welfare of children in hospital and other healthcare services.



#### Article 2

Children in hospital shall have the right to have their parents or parent substitute with them at all times.

*Relates to UNCRC Articles 3; 9; 18*



#### Article 4

Children and parents shall have the right to be informed in a manner appropriate to age and understanding.

*Relates to UNCRC Articles 5; 12; 18*



#### Article 5

Children and parents have the right to informed participation in all decisions involving their health care.

*Relates to UNCRC Articles 5; 12; 17*



#### Article 6

Children shall be cared for together with children who have the same developmental needs and shall not be admitted to adult wards.

*Relates to UNCRC Article 3;*



#### Article 7

Children shall have full opportunity for play, recreation and education suited to their age and condition and shall be in an environment designed, furnished, staffed and equipped to meet their needs.

*Relates to UNCRC Articles 3; 29; 31*



#### Article 10

Children shall be treated with tact and understanding and their privacy shall be respected at all times.

*Relates to UNCRC Articles 16; 19; 29; 30*

# Rights in practice – what does it look like?

- Access
- Information that can be understood
- Confidentiality and consent
- Involved in decisions

# **Children in Hospital 2018/2019 Survey**

## **Parental Access, Family Facilities, Policies & Procedures**

8<sup>th</sup> survey since 1985

Funded by SG Division of Child & Maternal Health

Covers all hospitals across Scotland that admit children

Results benchmarked against the EACH Charter / UNCRC

<b>RESPONSES received from:</b>	<b>RATE</b>
35 Paediatric wards	97%
15 Neonatal units	100%
19 Hospitals with adult wards that admit CYP	95%
17 Catering managers and lead paediatric dieticians	89%
13 Child Health Commissioners	93%

# The focus

- Facilities: food, culture, diet preferences
- Visiting: who, when?
- Appropriate ward
- Staff-named lead, trained play specialist
- Operating practice-staying with your child
- Education in hospital
- Information re consent, confidentiality, choice and autonomy in a way that can be understood
- Child Health Commissioners  
UNCRC, EACH, Transitions, standards and acute practice

# Our recommendations

- *All wards to offer overnight accommodation and unrestricted visiting, including a sitting room close to the ward with self-catering facilities and subsidised meals in the hospital cafe/staff cafeteria.*
- *All wards to provide a family support/liaison worker or social worker in addition to translation services for spoken and written communications.*
- *Ward staff to provide information that is understood by patients and carers (not just made available) both for elective and emergency admissions.*
- *Young people between 16 and 18 should be offered the choice of admission to a children's or an adult ward.*
- *Surgery to be provided on dedicated lists with particular anaesthetists allocated to children's surgery.*
- *Children under the age of 16 should not be admitted to adult wards*
- *A named Child and Adolescent Mental Health Services (CAMHS) professional and written procedures for managing violent or aggressive behaviours to be always made available for those admitted with mental health conditions to paediatric wards.*
- *The provision of healthy, attractive and nutritional meals.*
- *The provision of education within five days of admission, or immediately if it is known that the stay will be longer.*
- *A consistent Child Health Commissioner role across all health boards.*

# What matters to you 2020 and beyond

- What are the major children's human rights concerns?
- Are there any new developments or issues that have arisen since Together's 2019 report, or anything that is missing?
- What needs to happen to ensure children's human rights are protected, respected and fulfilled?
- From your discussion, what are the **top three issues** that Together should include in its report to the UN Committee? Why have you chosen these?